

**Career, Leadership and Mentorship
Washington Psychiatric Society Initiative**

Eliot Sorel, M.D., D.L.F.A.P.A., Founder, Chair

Hind Benjelloun, M.D., Vice-Chair

Enrico Suardi, M.D.

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WPS CLM Outline

- **Mission and vision**
- **Antecedent tributaries**
- **Topics highlights**
- **Accomplishments highlights**
- **Publications**
- **Lessons learned**
- **Future directions**

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Mission and Vision

- **Identify and role model various career pathways**
- **Academic, research, clinical, policy, others**
- **Facilitate, nurture organizational leadership opportunities**
- **Mentor with clarity, consistency, continuity, care**
- **Engagement at local, regional, national & international levels**
- **Contribute to MITs & ECPs career & leadership development**
- **Enhance DB's & APA's membership and leadership**

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Antecedent tributaries

- **First DC PGY I & II Psychiatric Residencies meeting**
- **Cosmos Club Health Group & DC Psychiatric Society, WPS Chapter**
- **Cosmos Club, September 2005**
- **Washington Psychiatric Society Board deliberations 2006/7**
- **WPS Board approval 2007**
- **APA Area III Council endorsement 2007**
- **Area III funding 2008, 2009, 2010**
- **\$5,000.00 per year**
- **Dedicated mentors group: Chiefs, MITs, ECPs and Senior Psychiatrists**

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Highlights of topics to date

- Why should I care about the APA
- Private practice: Setting up shop
- Academic research track
- Public sector, private sector Psychiatry
- Balancing your professional & family lives
- Leadership opportunities for MITs and ECPs
- Opportunities for physicians from underserved groups
- The practitioner scholar
- Leadership: Principles & guidelines

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Career & Leadership Accomplishments Highlights of CLM Alumni

- Careers-Research, education, public, private practices
- Leadership:
- DB Board, elected officers as MITs & ECPs
- DB Committee Chairs, Newsletter Editor
- APA Area III Council
- Chapter Presidents, first year as ECPs
- Assembly Work Group members
- Member, Board of Trustees
- APA Tellers Committee

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Publications

Career & Leadership Development: Making It Our Priority
The Residents Journal, January 2009, Volume 4, Issue 1

APA Assembly Leadership Manual, 2010 developed by the APA Assembly Leadership Work Group

CLM Monographs 2008, 2009, 2010

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Lessons Learned

- **Citywide, across training programs, public, private sectors combined**
- **Remarkable source of new learning, networking & growth**
- **CLM initiatives essential for DBs vitality, renewal and development**
- **Mentors across generations-MITs, ECPs, Mid & Late Career**
- **ICT & financial resources –DB, Area Councils, APA**
- **Stimulating fresh, new thinking in membership development**

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Future Directions

- **Appoint CLM alumni to lead DB membership committees**
- **Integrate CLM initiatives and Membership Development**
- **DB Execs and DB staff support for both**
- **Evaluate at least annually**
- **Share lessons learned with other DBs**
- **Enhance existing academic, organized psychiatry cooperation**
- **Expand CLM initiatives across DBs and across medicine**