



April 2019

MESSAGE FROM THE EXECUTIVE DIRECTOR

Joanne E. Dunne, CAE

Welcome to April and Cherry Blossom time in Washington!!

The 2019 Presidential Symposium was held on April 6, 2019 and was a resounding success. The morning session addressed Big Data in Psychiatry: Promises and Perils. In the afternoon, the focus was on 21st Century Models of Clinical Practice.

Thank you to our speakers: Carlo Carandang, MD, MSc, Julie Zito, PhD, Dost Öngür, MD, PhD, Joseph Parks, MD, Geoffrey Boyce, MBA and John Torous, MD. Their presentations were outstanding and they have all agreed to share them with the attendees.

Special appreciation to WPS Platinum Sponsor, PRMS and our exhibitors, Janssen, Sunovion, Avanir and Sage Therapeutics. The resources and materials they shared were a value-added benefit of attending the Symposium.

Finally, kudos to Mansoor Malik, MD, WPS President, Tzvetelina Dimitrova, CME Chair, Matthew Rudorfer, CME Vice Chair, Anne Marie Dietrich, CME Committee Member, who stepped in and moderated the afternoon session and the entire CME Committee for their hard work and dedication.

Photos are below.



John Torous, MD, Mansoor Malik, MD, WPS President, Matthew Rudorfer, MD, Vice Chair, CME Committee, Geoffrey Boyce, CEO, InSight Telepsychiatry, Mani Yavi, MD, Area 3 RFM Deputy Representative, Anne Marie Dietrich, MD, incoming WPS Secretary and CME Committee member.



Mansoor Malik, MD, WPS President, Victoria Chevalier, PRMS, WPS Platinum Sponsor, and Matthew Rudorfer, MD, Vice Chair, CME Committee



Mansoor Malik, MD, WPS President, Victoria Chevalier, PRM, WPS Platinum Sponsor, Joanne Dunne, WPS Executive Director



Peter Orrok and Marshall Kassoff, Janssen

Congratulations to Lonna Hooks, Esq. the winner of the \$100 Amex gift card and William Polk, MD who won the complimentary registration to the 2019 Fall Symposium in September.

Get ready to socialize and network at a special Happy Hour in early May!

Don't forget to let us know if you are speaking at the APA Annual Meeting in San Francisco. We will be sending out a list of WPS members presenting at the meeting in early May.

May 22nd the 2019-2020 Board term will begin.

SPONSORED CONTENT

Earn 5.0 CME Credit Hours... The Lourie Center for Children's Social & Emotional Wellness Annual Symposium... Register today!

The Lourie Center for Children's Social & Emotional Wellness Annual Symposium... Join early childhood behavioral health experts on May 3 at the Gaithersburg Marriott Washingtonian Center to explore trauma care in schools.

RESEARCH

When Patients Threaten The Office Of The President: Insights From A Research Collaboration With The Secret Service - by Mani Yavi, M.D.

Excerpt: Psychiatrists make decisions to mitigate behavioral risks in their daily practice, but when there is risk of harm to others, ethical considerations surface as the judicial system and law enforcement may become involved. Washington D.C. is home to the governing body of the country, and the U.S. Secret Service is entrusted with ensuring the safety of the President and many high ranking officials.

Potential Protein Target to Therapeutically Restore Positive Mood States in Depression - by Rosalind SE Carney, DPhil

Major depression is one of the most common mental health disorders; meta-analysis of 83 cross-sectional studies found a 27% pooled prevalence of depression or depression-like symptoms among outpatients (Wang et al., 2017). Symptoms of depression include mood states of increased negative affect such as depressed mood, suicidality, fatigue, guilt, reduced focus, and feelings of worthlessness (American Psychiatric Association, 2013).

This eNeuro publication is an important advance in the field because the findings implicate loss of p11 function as a critical factor that results in the attenuated ACh release and impaired dopaminergic transmission that underlies anhedonia (Fig. 2). As there is an association between anhedonia and suicidality, substance abuse, and schizophrenia (Craske et al., 2016; Loas et al., 2018), it is imperative to develop therapeutic treatments that maintain positive affect in depression.

APA NEWS

What's New at the APA

- APA awarded U.S. Rep. Doris Matsui (D-CA) the association's Jacob K. Javits Award, the highest honor the APA confers on a public servant, for her leadership and support of psychiatry and mental health care. Rep. Matsui championed the Excellence in Mental Health Act to expand Americans' access to community mental health centers.

Mark Your Calendar

- Alcohol Awareness Month (April)
- World Autism Month (April)
- National Child Abuse Prevention Month (April)
- National Health Awareness Month (April)
- Sexual Assault Awareness Month (April)

April Course of the Month - Complementary and Integrative Approaches to Autism Spectrum Disorder

Autism Spectrum Disorders (ASD) are common and complex neurodevelopmental disorders which may present at different stages with different target symptoms. This course discusses how families often utilize complementary and integrative treatments for ASD, the evidence for such use, and risks and benefits of these treatments. Presented by Robert Lee Hendren, D.O., University of California, San Francisco School of Medicine.

Participants Needed for Quality Measure Development Initiative

Under a cooperative agreement with Centers for Medicare and Medicaid Services, APA was awarded a grant to develop meaningful quality measures for behavioral health under the Medicare Access CHIP Reauthorization Act of 2015. With this grant, APA is seeking crucial input from psychiatrists and other health providers across the country and leveraging its PsychPRO clinical data registry electronic platform to collect data and test new measures.

Integrate the Cultural Formulation Interview into Your Practice with New Online Course

APA's Department of Diversity and Health Equity has produced a new online course on the Cultural Formulation Interview (CFI). The CFI is a set of questions designed to integrate and operationalize culture into mental health assessment and treatment in order to optimize patient outcomes. It operates from the viewpoint that culture is multi-dimensional, individualized, and applicable to any clinical encounter regardless of the demographic characteristic of the patient or the clinical setting.

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SPONSORED CONTENT

REFER A COLLEAGUE AND SUPPORT MENTAL HEALTH. START REFERRING >

For Every Referral, PRMS Donates \$25 to Mental Health. Refer a psychiatrist or behavioral healthcare group practice to PRMS and we will make a \$25 donation to the mental health organization of your choice, including WPS, regardless of whether a policy is purchased!

MEMBERSHIP

We would like to extend a warm welcome to our new and transferred WPS members:

- David Anthes, D.O. - Silver Spring, MD
- Kali Cyrus, M.D., MPH - Washington, DC
- Faith Kelley, M.D. - Washington, DC
- Katherine Pan, M.D. - Washington, DC
- James Wicht, M.D. - Bethesda, MD

SPONSORED CONTENT

MedStar Washington Hospital Center. JOIN OUR PSYCHIATRY TEAM. Positions Available: INPATIENT, OUTPATIENT & PER DIEM. Qualified Applicants: Send CV To: E. Cameron Ritchie, MD Chair, Psychiatry. Elspeth.X.Ritchie@MedStar.net

WORKSHOPS & EVENTS

Stay informed about all upcoming events on the Calendar of Events page. Note that you MUST be logged in as a member to see the full list.

Save the Date for 2019 WPS CME Event

- WPS Fall Symposium & Annual Meeting - September 14, 2019 [to be confirmed]

Community Health Connect on the topic of opioids in the District of Columbia - Tuesday, May 7 from 6:00-7:30 p.m. in the AAMC Learning Center.

The goal of this event is to foster an inclusive and mutually supportive network for health professionals, learners and social service providers to share best practices, trends and helpful resources in local policy, treatment and provider services. More information and the ability to register is found on this link.

DC LICENSURE CHANGE

There has been a recent change to the physician licensure process in the District of Columbia. The DC Board of Medicine removed the mandatory requirement of three (3) hours of CME in HIV/AIDS. In addition, the Board of Medicine stated that DC Health is working to modify mandated content to be drawn from a set of "subject matter determined by the Director as public health priorities." The medical Society of DC was active in this effort. Read more at www.msdc.org.

CLASSIFIEDS



Do you have office space available for rent or are you recruiting for a qualified psychiatrist to join your team? Reach your market by placing a classified ad with WPS here.