Dear Friends and Colleagues,

The past few weeks have been very busy ones at WPS, hence the reason you are receiving a combined July/August issue of this newsletter.

First, as promised in the June issue, I want to update you on the status of our management transition. We had our first Board meeting with the Next Wave Group team and our new Executive Director, Lyn Hainge, on August 21, 2019. The financial review for June and July showed that our austerity budget and other efforts are working; the new projections for the remainder of the year already look considerably healthier.

I also want to take this moment to note the enthusiastic, engaged, and disciplined discussions at the last two Board meetings and, outside of those meetings, the dedicated efforts of our committee chairs. Building on this progress and this groundwork, the progress we’ve already made will continue throughout the months ahead.

Now, to upcoming events. As we enter the last days of summer let me alert you to the Fall Symposium on Saturday, September 14. The CME committee led by Dr. Matt Rudorfer has put together an extraordinary event on prevention and treatment across the lifespan. Speakers from NIH as well as from Johns Hopkins, Uniformed Services, Georgetown and Divine Mercy Universities will take us from perinatal depression to adolescent use of social media to the burnout and resilience of adulthood, and finally to the hopes for treating and preventing dementia. I cannot recommend this array of topics and speakers strongly enough. It will be held at the University Club in downtown DC, so the access will be convenient for those of us across the border in Virginia and Maryland.

Please also be on the look-out for early career events for those in training or just starting out. Our committees are hard at work developing get-togethers for networking and hearing from members who have set up practices or developed unique practice models of their own.

In order to augment support for our activities and events, we are asking our new management group to seek out sponsors for each of our upcoming events. If members have personal contact with specific groups or institutions that may be interested in advertising or otherwise having a presence at our events, please contact our Executive Director Lyn Hainge at exec@dcpsych.org.

Sincerely,
Philip Candilis, MD

MESSAGE FROM THE EXECUTIVE DIRECTOR
--Lyn S. Hainge, MS
What's New at the APA

APA NEWS

WPS Chapter Presidents Prepare for a Busy Year

L to R: Todd Augustus, MD, FAPA, Virginia Chapter; Cynthia Turner-Graham, MD, DFAPA, Suburban Maryland Chapter; Lorenzo Norris, MD, DC Chapter

APA New at the APA

- APA Member Patrice Harris, M.D., took office as president of the American Medical Association (AMA) on June 11. Dr. Harris, a practicing psychiatrist trained in child/adolescent and forensic psychiatry, served on the AMA Board of Trustees beginning in 2011 and was secretary in 2014-2015 and chair in 2016-2017. She is currently chair of the AMA Opioid Task Force. You can read more about Dr. Harris assuming the presidency of the AMA here.
- APA endorsed "The Mental Health Parity Compliance Act," a new bipartisan bill that would enhance the transparency and accountability of insurers' coverage of mental health and substance use benefits, in compliance with the federal parity law. APA urged the swift passage of the bill, which was co-sponsored by Sen. Chris Murphy (D-Conn.) and Sen. Bill Cassidy (R-La.). You can read more about the bill here, and find out more on Mental Health Parity here.
- APA joined with 6 other health organizations filing an appeal in the U.S. Court of Appeals for the D.C. Circuit challenging the recent decision on short-term limited-duration junk insurance (STLDI) plans. The decision allows for the expansion of discriminatory, inadequate short-term "junk" plans, which can set higher premiums based on age, gender, and health status, and deny access to basic benefits, including coverage for pre-existing conditions. You can read more about the appeal here.
- In response to recent reports about conditions in detention camps at the U.S. Border, APA called on the Trump Administration to provide proper access to health screenings and care to asylum seekers in accordance with the Flores Settlement Agreement. Prolonged detention and family separation can have drastic and long-lasting mental health effects, particularly in children and adolescents. You can read APA's statement here.
- APA 2020 Annual Meeting: Last Chance to submit an Abstract Submissions! Got an idea for a general session, media session, course, or poster for APA's 2020 Annual Meeting in Philadelphia? Submit your abstract today before the deadline on Thursday, September 5. The theme for the 2020 Annual Meeting is Advancing Quality: Challenges and Opportunities. All abstract submissions must be made electronically through APA's online abstract submission system to be considered. For helpful tips and additional information about topics and format, view the Submission Guidelines. New This Year:
  - All presenters/co-authors must attest to their participation in the proposal
  - A single presenter cannot be listed on more than 5 submissions of any type
  - All sessions, except for courses and poster sessions, are 90 minutes

View all updates »

All presenters and co-authors will enter the system using their my.psychiatry.org username and password. If you or any of your co-presenters do not yet have a my.psychiatry.org account, you can create one here. Please ensure all presenters and co-presenters have created an account prior to starting a submission.

Submission Deadline: September 5, 2019 at 11:59 p.m. ET

Learn More & Submit »

Many thanks for your warm welcome to WPS! It's been a very full first few weeks, as I've begun meeting and working with the WPS leadership team and committee chairs as well as getting to know APA. The group's dedication to and enthusiasm for WPS' work is clear, and I'm excited to be part of the team.

A few things of particular note:

- The WPS Fall Symposium will be held on Saturday, September 14, 2019 at the University Club of DC. The program, "Preventive Interventions and Treatments Across the Lifespan," is APA approved for up to 5 AMA PRA Category 1 Credits. Registration is open and can be accessed here.
- If you haven't already renewed your WPS membership, it's not too late! This is YOUR professional organization and brings you important connections to colleagues, to learning, and to the DC Mental Health community. Click this link to renew now.

If you'd like to reach me, you can do so at exec@dcpsych.org or by calling the WPS office at 202-595-9498. I look forward to hearing from you!

Best regards,

Lyn
Just Published!

*Divorce and Co-parenting: A Support Guide for the Modern Family*

-Elissa P. Benedek, M.D., and Samantha A. Huetter, J.D.

$29.00
$23.20 APA Members
$21.75 APA Resident-Fellow Members

**BUY NOW**

(Please use Priority Code EH1954A)

Your WPS Board at Work!

August 21, 2019 Board Meeting

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New Fact Sheet on Queer Populations Now Available

APA’s Division of Diversity and Health Equity has published a mental health fact sheet on queer populations. The fact sheet covers information on demographics, terms, trends in mental health care, FAQs, and tips to communicate with patients.

You can access the fact sheet and other resources here:
[https://www.psychiatry.org/psychiatrists/cultural-competency/education/lgbtq-patients](https://www.psychiatry.org/psychiatrists/cultural-competency/education/lgbtq-patients)

New CME Module on Engagement Interview Protocol (EIP)

When suffering illnesses, people from different cultural backgrounds usually have their own illness beliefs, the understanding of the meanings of their symptoms based on their cultures and traditions. Due to differences in cultural and educational backgrounds, patients and their providers frequently have different views about an illness. The Engagement Interview Protocol (EIP) was designed to bridge different views to engage patients in appropriate psychiatric treatment. Now, APA Division of Diversity and Health Equity has published a new CME module on the EIP, where participants will learn to:

- Perform interviews that engage patients from different cultures to receive appropriate management for their psychiatric conditions
- Differentiate between the EIP and Cultural Formulation Interview
- Apply added dimensions of EIP to the standard psychiatric assessment to deliver culturally sensitive diagnoses to patients

[Sign up for the new EIP course today.](#)

CLM Leaders Plan Events for ECPs and RFMs

L to R: Muhammad Ali Zaidi, MD  
Cristina Secarea, MD, FAPA  
Eliot Sorel, MD, DLFAAPA  
Mani Yavi, MD

To apply, forward a CV and two letters of recommendation, if available, to Beth Salcedo, MD, Medical Director, at bsalcedo@rosscenter.com.