

MESSAGE FROM THE PRESIDENT

Mansoor Malik, MD, FAPA

As I write my first column as the WPS president, I feel incredibly honored and humbled. First and foremost, I want to send a note of gratitude to all those who were supportive in getting me to this position. I would also like to acknowledge the incredible staff we have at WPS, especially our tireless executive director Ms. Joanne Dunne. I also wish to express my sincere appreciation for all those who have signed on to serve on WPS board and various committees as well as with the WPS Foundation.

Since its inception in 1949, WPS has been at the forefront of mental health advocacy and policy efforts in the Nation's Capital and is arguably one of the best run and influential district branches of the APA. Personally, WPS has provided a safe and warm professional home for me since I moved to this area 13 years ago. I was extremely fortunate to have access to such a large number of compassionate and sagacious colleagues, collaborators and mentors through WPS. In this era of professional isolation, burnout and alarming rates of physician suicide, the role of professional societies like WPS cannot be overemphasized.

As I forge the vision for my presidential year, I feel extremely grateful to the Immediate Past President Dr. Eindra Khin Khin, who has done an amazing job in enhancing the WPS membership profile. I believe success can only come through team work and linking our achievements together. I plan to build on Eindra's work to engage our membership, educate the public and stakeholders and to be "the voice and conscience of psychiatry" in the Nation's Capital.

No doubt, there will be numerous challenges during the next year. The psychiatric profession is increasingly being challenged by inequitable legislative efforts by special interests. We continue to face stigma and reimbursement challenges for our patients. But I am confident that with our committed team and dedicated membership, we will continue to make strides. With your help and support, I look forward to a wonderful year ahead.

MESSAGE FROM THE EXECUTIVE DIRECTOR

Joanne E. Dunne, CAE

Welcome to June! The month started off with a bang - the Caps won the Stanley Cup after fans waited 44 years and on June 12th the whole area went crazy rockin' the red with the official parade! The Nats are also playing well so I know we're hoping lightning will strike twice in DC this year.

The WPS team gained much success at the APA Assembly as you'll see in the article below and more than 35+ WPS members presented at the APA Annual Meeting. Since then, WPS has not slowed down at all.

On May 21st, the incoming 2018-2019 Board together with the outgoing Board members and new committee chairs celebrated at the traditional **WPS Transition Dinner**. See some of the pictures below.

The **2018-2019 WPS Board Orientation** was held on Saturday, June 9th. Mansoor Malik, WPS President, led the program and discussions. Board members and committee chairs spent the morning learning about the governance and operations of WPS and discussing their goals for the coming year.



Eindra Khin Khin, 2017-2018 President and Mansoor Malik, 2018-2019 President



Roger Peela, Area 3 Member Representative to the APA Board of Trustees and Mansoor Malik

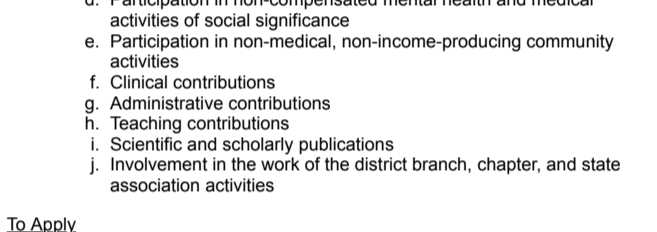
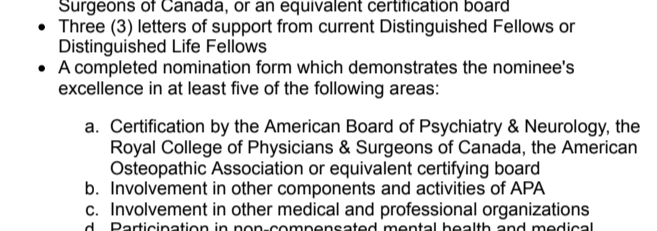
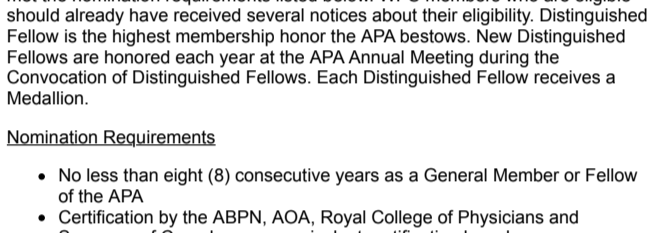
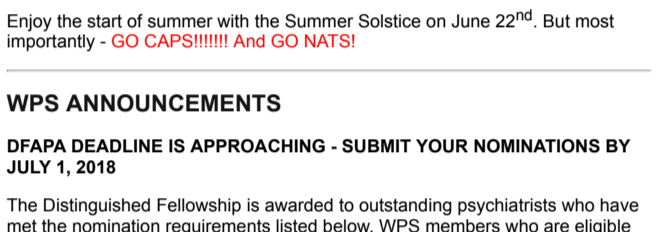


Eliot Sorel, Assembly Representative and CLM Founder and Committee Chair and Mansoor Malik



Nancy Black, former President-Elect and Mansoor Malik

On Saturday, June 16th the CME Committee presented **Cannabis: The Good, the Bad and the Regulated**. 60 people attended the program which garnered rave reviews. See pictures below.



In addition, WPS committees are beginning their work this month. The Executive Committee met June 4th, the CME Committee met June 5th and on June 7th a financial orientation was held for the new Treasurer, Steve Israel, and the new Finance Committee Chair, Walter Bland. The Ethics Committee met on June 14th. July promises to be just as busy.

Enjoy the start of summer with the Summer Solstice on June 22nd. But most importantly - **GO CAPS!!!!!! And GO NATS!**

WPS ANNOUNCEMENTS

DFAPA DEADLINE IS APPROACHING - SUBMIT YOUR NOMINATIONS BY JULY 1, 2018

The Distinguished Fellowship is awarded to outstanding psychiatrists who have met the nomination requirements listed below. WPS members who are eligible should already have received several notices about their eligibility. Distinguished Fellow is the highest membership honor the APA bestows. New Distinguished Fellows are honored each year at the APA Annual Meeting during the Convocation of Distinguished Fellows. Each Distinguished Fellow receives a Medallion.

Nomination Requirements

- No less than eight (8) consecutive years as a General Member or Fellow of the APA
- Certification by the ABPN, AOA, Royal College of Physicians and Surgeons of Canada, or an equivalent certification board
- Three (3) letters of support from current Distinguished Fellows or Distinguished Life Fellows
- A completed nomination form which demonstrates the nominee's excellence in at least five of the following areas:
 - Certification by the American Board of Psychiatry & Neurology, the Royal College of Physicians & Surgeons of Canada, the American Osteopathic Association or equivalent certifying board
 - Involvement in other components and activities of APA
 - Involvement in other medical and professional organizations
 - Participation in non-compensated mental health and medical activities of social significance
 - Participation in non-medical, non-income-producing community activities
 - Clinical contributions
 - Administrative contributions
 - Teaching contributions
 - Scientific and scholarly publications
 - Involvement in the work of the district branch, chapter, and state association activities

To Apply

- All completed nominations must be received by **July 1, 2018**.
- APA has gone digital! The application process is now online both to improve the tracking and review process and to provide a simplified nomination form for nominees. **ALL nominations must be submitted through the online form.** You can access the [nomination form here](#). Recommendation letters will still be accepted via email, mail, or through the online form.
- APA has updated the Guide! The Guide to Distinguished Fellowship is online and downloadable [here](#) as a PDF. The Guide includes helpful resources including instructions for using the online nomination form, guidelines for recommendation letters, example criteria for the areas of excellence, sample marketing materials, and answers to frequently asked questions.

We encourage you to begin the application process now as it often takes considerable time to complete. You can start the application, save it and go back and add information up until the deadline. Please contact WPS at admin@dcpsych.org if you have any questions.

The application deadline is July 1, 2018.

Events & Workshops

Special Networking and Planning Dinner for WPS ECP Members - July 16, 2018

2018 WPS Fall Symposium - Psychiatric Genetics Update: Risk of Illness, Implications for Treatment - September 15, 2018

Salon - Jacques Lacan: An Introduction to His Work and Applications for Your Practice - October 14, 2018

CME Workshop - Brain Stimulation - November 10, 2018

Stay informed about all upcoming events through the [Calendar of Events](#) link. Note that you **MUST be logged in** as a member to see the full list.

WPS DELEGATION ASSEMBLY REPORT

May 4-6, 2018, New York, NY

The APA Assembly met for two and one-half days at the Marriott Marquis prior to the May Annual Meeting in New York. Highlights of the meeting are summarized below.

- Ligature Point and Other Self-Harm Risk Assessment Experience Session** - The APA is gathering information about The Joint Commission (JTC) hospital accreditation onsite survey process. If this applies to your institution, we urge you to complete the survey [here](#). <https://www.surveymog.com/s/34290562/Ligature-Point-and-Other-Self-Harm-Risk-Assessment-Experience-Survey>
- WPS RFM members Madeline Teisberg, MD (USUHS) and Cristina Secarea, MD (St. Elizabeths)** received the first **APA Area 3 Resident Fellow Members Merit Award** for outstanding leadership and service.
- WPS received an APA District Branch Best Practice Honorable Mention Award** for its Career Leadership and Mentorship (CLM) Program
- WPS delegation members, Cristina Secarea, MD was elected Chair of the Assembly Committee of the Resident Fellow Members and Eliot Sorel, MD was appointed the Chair of the Access to Care Committee.**
- This was an historic meeting** with Dr. Altha Stewart commencing her year as the first African American President of the APA. We thank our outgoing president, Anita Everett, MD, for her leadership and service.
- Appendix 1** - Summary of Action Papers and Position Statements
- Appendix 2** - Photo highlights from the Assembly and annual meeting

Respectfully submitted,

WPS delegation to the APA Assembly

WPS Representatives: Constance E. Dunlap, MD, DFAPA, Elizabeth Morrison, MD, DLFAPA, Eliot Sorel, MD, DLFAPA, Cristina Secarea, MD, Area 3 RFM Representative.

Richard Ratner, MD, DLFAPA, Committee of Representatives of Subsocieties and Sections (Allied Organizations - ACROSS).

ASSEMBLY REPORT

1) APA leaders and invited guests reports/speeches

- Speaker's Report: Theresa Miskimen, MD
- Recorder's Report: Paul O'Leary, MD (you can track your action paper online [here](#))
- Report of the Rules Committee: Daniel Anzia, MD
- Report from the APA PAC: Charles Price, MD
- Report from the APA CEO and Medical Director: Saul Levin, MD, MPA
- Report on APA Finances: Treasurer: Bruce Schwartz, MD
- Report from the Assembly Committee on Procedures: David Axelrad, MD (Association of Women Psychiatrists will become an Assembly Allied Organization)
- Report from the Speaker-Elect: James Batterson, MD
- Report of the President: Anita Everett, MD (encouraged members to take the burn-out survey online [here](#). <https://www.psychiatry.org/psychiatrists/practice/well-being-and-burnout>)
- Report of the President-Elect: **Altha Stewart, MD** (her tenure will focus on leadership opportunities for RFMs and early career psychiatrists, APA's role in global mental health, and exploration of the social determinants of mental health <https://www.psychiatry.org/newsroom/news-releases/dr-altha-stewart-takes-office-as-apa-president-the-first-african-american-to-lead-the-stewart-takes-office>)
- Remarks from AMA Immediate Past President and AMA Board of Trustees: Patrice Harris, MD, MA, who is running for President-elect of the American Medical Association (provided an update on AMA's efforts to address the national opioid epidemic).
- Report from the APA Foundation: Saul Levin, MD, MPA and Daniel Gillson

2) Awards - Assembly

- Women's Assembly Award for Excellence in Service and Advocacy sponsored by the Women of the Assembly: Denise Shervington, MD, for her work as a psychiatrist providing community-based post-disaster mental health treatment in the aftermath of Hurricane Katrina.
- APA District Branch Best Practice Award - Honorable Mention: Washington Psychiatric Society Career Leadership and Mentorship Program (CLM)
- Area 3 RFM Merit Award: Madeline Teisberg, MD (WPS) and Cristina Secarea, MD (WPS)
- Area 3 Resident Fellow Member Mentor Award: Eliot Sorel, MD, DLFAPA

3) Assembly Election results

- Recorder: Seeth Vivek, MD
- Speaker-elect: Paul O'Leary, MD

4) Board of Trustees Election results

- President: Altha Stewart, MD
- President Elect: Bruce J. Schwartz, MD
- Treasurer: Gregory W. Dalack, MD
- Trustee-at-Large: Richard F. Summers, MD
- ECP Trustee-at-Large: Ariana Jordan, MD, PhD
- Area 1 Trustee: Eric M. Plakun, MD
- Area 4 Trustee: Cheryl D. Willis, MD
- Area 7 Trustee: Annette M. Matthews, MD
- RFM Trustee-at-Large: Rana Elmaghaby, MD

5) Other APA Assembly Elections/Appointments

- Eliot Sorel, MD, DLFAPA was appointed the Chair of the Access to Care Committee
- Cristina Secarea, MD was elected Chair of the Assembly Committee of the Resident Fellow Members

ADVOCACY UPDATES

IMPORTANT OF MEDICINE & INSURANCE DEPARTMENT NEWS

DC BOARD OF LICENSURE UPDATE: Pharmacology Course Added to Educational Requirements for 2018

Members should be aware of the addition of a pharmacology course to the educational requirements for physician licensure in 2018. The DC Board of Medicine recently sent notification about the upcoming licensure renewal period. Continuing education (CE) requirements for physicians (MD/DO) are as follows:

"Fifty (50) hours of CE every two (2) years, which includes three (3) hours in the subject of HIV/AIDS, two (2) hours in the subject of LGBTQ cultural competency, and at least one (1) course in the subject of pharmacology."

To help members meet licensure requirements, WPS is working with partner organizations to offer educational opportunities. DC Health also offers free CE credits via the [DC Center for Rational Prescribing \(DCRx\)](#). Physicians must complete all CE requirements by December 31, 2018.

Northern Virginia Chapter

State Budget Update - Medicaid Expansion approved

The 2018 General Assembly session adjourned without completing work on a new biennial budget. The cause for the impasse between the House of Delegates and the Senate was the question of whether Virginia should expand Medicaid.

The Republican controlled House of Delegates had included expansion in its budget while the similarly Republican controlled Senate had not. In both bodies Republicans have a slim one vote majority. Under the leadership of Speaker Kirk Cox and Appropriations Committee Chair Chris Jones, the House of Delegates passed its budget including expansion on a vote of 68 to 32.

However, the Senate Republican Caucus held firm in rejecting the House budget and passing its own version of the package of amendments which included Medicaid expansion failed to pass from committee. Another group of amendments put forward by Senator Tommy Norment did pass from committee but did not include Medicaid expansion. The Senate convened at 3:00 to place the budget bills (HB 5001 and HB5002) on the calendar and adjourned to reconvene the next morning.

On May 30th the full Senate convened to consider both HB 5001 and HB 5002. HB 5001 is the "caboose" budget which modifies the existing budget. HB 5002 is the new biennial budget. HB 5001 and HB 5002 were both passed with Senator Hanger's package of amendments, which expand Medicaid, included. Senator Norment's amendments which had been approved by Senate Finance the previous day were rejected. HB 5001 passed on a vote of 23-17 with four Republicans siding with all of the Democrats and HB 5002 passed by the same margin.

Upon final passage of both bills the two budgets were communicated to the House of Delegates. HB 5001 passed on a vote of 68-30. HB 5002 passed on a vote of 67-31. Both bills were then communicated to the Governor. On Thursday, June 7, Governor Northam signed the state budget bill on the steps of the Virginia Capitol in Richmond. The Medicaid expansion gives 400,000 low-income Virginians access to government health insurance. The expansion will take place on January 1, 2019.

APA NEWS

What's New at the APA

- Dr. Altha Stewart took office as APA President at the conclusion of the 2018 Annual Meeting, and Dr. Bruce Schwartz began his term as President-Elect. Dr. Stewart is the first African-American and fourth consecutive woman to lead the APA. Read more about Dr. Stewart [here](#).
- Dr. James "Bob" Batterson assumed the position of Speaker of the APA Assembly. Dr. Batterson is a board-certified psychiatrist in Kansas City, Missouri, and has been a member of the APA Assembly since 1999. You can read more about Dr. Batterson [here](#).
- During the Annual Meeting, APA released the results of a national public opinion poll conducted online. The poll queried Americans across the country on issues such as [anxiety, gun control](#), and the [opioid crisis](#). You can see the full results of the poll [here](#).

Mark Your Calendar

- Alzheimer's and Brain Awareness Month (June)
- Men's Health Month (June)
- PTSD Awareness Month (June)
- Migraine & Headache Awareness Month (June)

June Course of the Month: Evaluating Adverse Drug Effects

Psychiatrists are increasingly called upon to evaluate somatic and psychiatric symptoms and differentiate them from possible iatrogenic effects of psychotropic medications. This presentation focuses on anticipating, recognizing, and distinguishing adverse drug effects and detecting risk factors that increase propensity for adverse effects. Presented by Joseph Goldberg, MD, of the Icahn School of Medicine. [Click here to access the Course of the Month and sign-up for updates about this free member benefit.](#)

Action Required: Time to Advance your Training Membership

As residents prepare to graduate from your training programs, complete your [APA membership advancement](#). This lets us know if you are continuing in a fellowship or advancing to practice in 2019 and ensures you maintain access to your benefits, including [resources](#) to assist you in your early career. The [form](#) takes less than five minutes to complete, and you'll receive a **\$5 Amazon gift card** by email if you complete it by **June 30, 2018**.

Psychiatry Online Has a New Home

American Psychiatric Publishing has a new look online. [Psychiatry Online](#) includes digital versions of the DSM-5, the American Journal of Psychiatry, [Psychiatric News](#), Psychiatry Services and other [APA journals](#). Users can also access APA's library of educational programs for [CME opportunities](#). Take advantage of these resources today by visiting www.psychiatryonline.org.

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Calendar of Events

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MEMBERSHIP

Congratulations to the recent WPS APA/APAF Fellows!

- Gloria Osuruaka M.D., SAMHSA Applicant, Howard University Hospital
- Boris Lee M.D., Diversity, Child and Adolescent Applicant, Howard University Hospital
- Jacqueline Posada M.D., Diversity Applicant, George Washington University
- Alexis Wesley, M.D., SAMHSA 1st Year, George Washington University

We would like to extend a warm welcome to our new and transfer WPS members:

- Michele Denker, M.D., Springfield, VA
- Thomas Green, M.D., Washington, DC
- Andrew Matz, M.D., Washington, DC

IN MEMORIAM

It is with great sadness that we inform you of the passing of Joseph Annaldi, MD. He passed away on the evening of May 22 and his memorial service took place on June 2 at the Jefferson Funeral Chapel in Alexandria.

OTHER NEWS

PSV Fall Meeting - Fighting Stigma in Mental Healthcare

September 28-29, 2018 from 12:00 PM - 2:00 PM

CLASSIFIEDS

Employment

Psychiatrist - Addiction Medicine Services Responsible for assessment and psychiatric treatment of outpatient clients who have substance use disorders and a wide range of co-occurring mental illnesses. Apply [here](#).

Office Space

Dupont Circle - Beautiful office space available August 1, 2018. Large windows looking out on tree-lined street. 10-minute walk from Dupont Circle. Rowhouse with other psychologists and psychiatrist. Please email [Drmindyjacob@gmail.com](mailto:Drmindyjacobs@gmail.com) or call 202-236-6365.

Please [click here](#) to see the full listings of classified ads.